







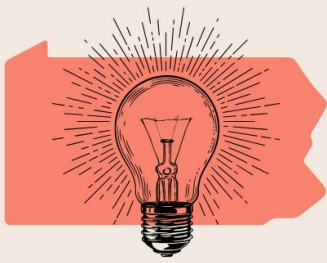
# PARTNERSHIP, PROGRESS AND A PATHWAY TO PURPOSE

PENNSYLVANIA ACADEMY OF NUTRITION & DIETETICS  
2024 ANNUAL MEETING AND EXPO  
APRIL 14-16, 2024 | THE LANCASTER MARRIOTT AT PENN SQUARE

## PAND 2024 AME AGENDA

### SUNDAY, APRIL 14, 2024

8:00 AM	Attendee Registration	
9:45 AM	President's Welcome Erin Pover, MS, RN, CSOWM, CHWC, LDN	
Concurrent Session 10:00 AM	Session A: Mind-Body Medicine Modalities for Improved Outcomes Professionally and Personally Becky Wojcik, MA, RDN, LDN, RYT Theresa Stahl, RDN, LDN, FAND	 
Concurrent Session 10:00 AM	Session B: Foster Collaborative Bonds Across Healthcare Professions Janelle Eligon- Ketchum, RDN, LDN, CDCES	
11:00 AM	Break/Raffle Sales	
11:30 AM	Awards Brunch	
Keynote Speaker 12:45 PM	Why (Not) Weight? Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	
1:45 PM	Break/Raffle Sales	



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<p><b>Concurrent Session</b> 2:00 PM</p>	<p><b>Session A:</b> <b>Progressing Lactoengineering with NDTRs &amp; Pasteurized Donor Human Milk</b>  Veronica Campbell, RDN, LDN, CBS</p> 	
<p><b>Concurrent Session</b> 2:00 PM</p>	<p><b>Session B:</b> <b>Elevating Dietetic Practice: Integrating Holistic Nutrition for Enhanced Care</b>  Abrar Al-Shaer, PhD, RD, LDN</p>	
<p>3:00 PM</p>	<p><b>Break/Raffle Sales</b></p>	
<p><b>Concurrent Session</b> 3:15 PM</p>	<p><b>Session A:</b> <b>Spoons and Forks – Understanding the Impact of Chronic Illness on Daily Life</b>  Susan E. Adams, MS, RD, LDN, FAND</p>	
<p><b>Concurrent Session</b> 3:15 PM</p>	<p><b>Session B:</b> <b>Systematic Review of Content Validity of the Academy – ASPEN Indicators of Malnutrition and Meta-Analysis of Associated Clinical Outcomes</b>  Charlene Compher, PhD, RD, LDN</p>	
<p>4:15 PM</p>	<p><b>Break/Raffle Sales</b></p>	
<p>4:30 PM</p>	<p><b>When Should Nutrition Stop? The Role of the Dietitian at the End of Life</b>  Kara Stromberg, MS, RD, CDE, LDN        Dylan Sherry, MD        Jaylin Kellogg, MS, RD, CNSC, LDN</p> 	  
	<p><b>Break/Raffle Sales</b></p>	








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6:00 PM – 9:00 PM	Board Meeting/Dinner EXPLORE LANCASTER!
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## MONDAY, APRIL 15, 2024,

7:00 AM	Vendor Registration – Poster Registration	
7:30 AM	Breakfast/Raffle Sales/Vendor Visits	
8:00 AM		<b>Activity – Farm Tour</b>  <b>Minimum of 15 people Meet in the Hotel and bus to the farm.</b>
8:45 AM	<b>AME Co-Chairs Welcome:</b>  Andrea M. Barnes, MSCN, RD, LDN, FAND, ACRPM Janel Zeigler, MS, RD, LDN	 
9:00 AM	<b>Artificial Intelligence in Dietetics: Augmenting Our Future</b>  Michele D. Rager, MS, RDN-AP, LDN, FAND	 <b>Tour Hershey's Lancaster Beef with Seth Hershey</b>
10:00 AM	Breaks/Vendors/Baskets/Wine Pull/ Vendor Visits	
10:15 AM	<b>Cancer and the Microbiome: How to Rethink Nutrition for Prevention and Treatment</b>  Emily E. Biever, MS, RD, LDN, CPT	
11: 15 AM	<b>Break/Raffle Sales/ Vendor Visits</b>  <b>Poster Session</b>	<b>Bus to back to the Hotel (tour wraps at 11:30)</b>
12:00 PM	Lunch/State of PAND meeting	
	Break/Raffle Sales/Vendor Visits	




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Keynote Speaker 1:45 PM	Applying Nutritional Anthropology and Therapeutic Content to Improve Patient Outcomes  Sasha M. Aparicio, B.A., M.S.	
2:45 PM	Break/Raffle Sales/Vendor Visits  Poster Session	
3:30 PM	Feeding the Mind and Body: Optimizing Nutrition and Food Education in the First Five Years of Life  Jill Castle, MS, RDN	 
4:30 PM	Break/Raffle Sales/Vendor Visits  Poster Winners Announced	
Concurrent Session 4:45 PM	Session A:  Partnering with the Public: A Unique Way to Interact with Food Labels  Dara Dirhan, EdD, MPH, RDN, LDN Sandra Walz, PhD, RDN	 
Concurrent Session 4:45 PM	Session B:  Food is Medicine: An Overview of the Continuum of Nutrition Services  Rebecca Boova-Turner, MS, RD, LDN	
6:30 PM – 9:00 PM	Member Reception – Our Town Brewery	

## TUESDAY, APRIL 16, 2024







7:30 AM	Breakfast	
8:00 AM	President-Elect Welcome  Kaitlin Gill, MS, RDN, LDN, CDCES	



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8:15 AM	<b>Snooze-Fest vs Going Viral: The Art of Crafting Effective, Research-Based Content for Any Platform</b>  Carolyn Williams, PhD, RD  	
9:15 AM	<b>Break/Raffle Sales</b>	
9:30 AM	<b>Advocacy Feud: Survey Says It's Time for Critical Causes –</b>  Lisa Jones, MA, RDN, LDN, FAND Jessica Rae, MS, RDN, LD	 
10:00 AM	<b>Break/Raffle Sales</b>	
10:15 AM	<b>Pairing Cooking with Nutrition Science: Partnerships for Improved Health and Wellness</b>  Amber Denmon, MS, RDN, LDN Becky Smith RDN, CDN, CDCES Lori Klein, EdD, MPH, BS	  
11:15 AM	<b>Break/Raffle Sales</b>	
11:30 AM	<b>Self-Care in Practice!</b>  Tracy L. Leet, LCSW	
12:30 PM	<b>President Wrap-Up - Announcements - Raffle Winners</b>	